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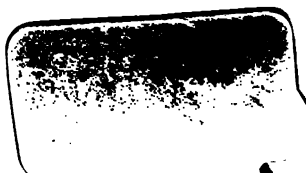
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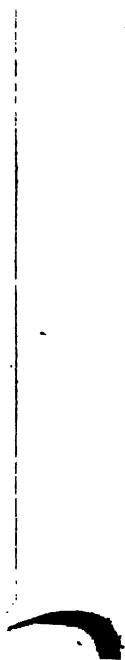
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DENTAL PRACTICE;

OR,

OBSERVATIONS

ON

The qualifications of the Surgeon-Dentist—Dental quackery—Nature and extent of the duties of the dentist in the first and second dentition—The defective teeth of the present day compared with those of the last century, owing to empiricism—Regulation and management of the teeth—The present absurd and destructive practice of filing teeth—Treatment of tooth-ache—Extraction of teeth—New extracting instruments invented by the author, illustrated by Plates.—Third dentition—Importance of artificial teeth—Philosophical principles on which they are formed—And on the duty of the Surgeon-Dentists and Mechanical-Dentists, each by themselves, to unite in associations, for the purpose of abating dental quackery.

BY

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INTRODUCTION.

HAVING been a Member of the Royal College of Surgeons in London, in active practice as a Surgeon-Dentist for upwards of twenty years, it has for some time been my intention to communicate to my brethren the results of my experience ; as this, however, would require a larger volume than I can now find time for, I propose at present to confine my observations to a few of the more important subjects belonging to Dental Practice. In these observations I propose to notice more particularly the indispensable qualifications of the Surgeon-Dentist, and the recent unexampled increase of empiricism in the practice of his art. I shall, then, proceed to notice the nature and extent of his duties in the First and Second Dentition, and in the Regulation and Management of Teeth—the present absurd and destructive practice of Filing Teeth—the Treatment of Tooth-ache—the Extraction of Teeth—the Extracting Instruments and Lancets of my own invention, which I have long employed with great success—the Third Dentition—the importance of Artificial Teeth, and

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the Philosophical Principles on which they are formed. And I feel it to be my duty to propose that the Surgeon-Dentists and the Mechanical Dentists do each, by themselves, unite in Associations for the purpose of putting down Dental Quackery.

DENTAL PRACTICE.

QUALIFICATIONS OF THE SURGEON-DENTIST.

THE successful practice of this profession requires two accomplishments that are exceedingly distinct, and which, unfortunately, are but seldom united. The first is a knowledge of Pathology and Surgery belonging to the medical profession generally, and the second is that of the mechanic, in the nice construction of Artificial Teeth. As both accomplishments are equally necessary to the successful practice of this profession, so it is much to be regretted when it is undertaken with an imperfect knowledge of either.

Dental practice, though founded on pathological and surgical science, is yet so far dependent on great mechanical genius, that much additional skill, not required by the surgeon, is necessary to its success. Among the diversities of human capability, a professing dentist may be equal to the preservation of natural teeth when healthy, to surgical operations upon them when unhealthy, and even to pathological treatment, without the slightest pretension to capability in the mechanical art of supplying a deficiency. On the other hand a good mechanical dentist may be able to supply a deficiency, although unskilled in the preservative, surgical, or pathological department.

As it is evident that only a duly qualified surgeon is competent to act as a surgeon-dentist, and an experienced practical mechanic only can succeed as a mechanical de

tist, so it is equally dishonest for the mere surgeon to assume the mechanical department as for the mechanic to play the quack. Indeed there is a much greater distinction between them than is commonly supposed.

The mechanical must always precede the surgical education, for it has been observed that he who is not an expert mechanic at the age of twenty will never afterwards be able to acquire the manual dexterity that is necessary for the fabrication of Artificial Teeth: whereas in the acquirement of a surgical education, so much more serious thought and riper judgment are requisite, that the student reaps comparatively but little benefit from his studies before that age.

It would appear, however, that if a surgical education be not acquired in early life, it cannot afterwards, else many quacks whose impositions have proved successful in a pecuniary point of view would gladly acquire the respectable designation of *surgeon*. This view of their case is corroborated by the anxiety which they often evince to give their sons a regular surgical or medical education; thus showing how keenly, though secretly, they feel their own degradation, even in the midst of successful imposture.

It is only when the accomplished mechanic has super-added the qualifications of the surgeon, that he may legitimately assume the whole range of the profession of a dentist with credit to himself and advantage to his patients.

DENTAL QUACKERY.

The great number of persons who have lately assumed the character of surgeon-dentists, without possessing the accomplishments either of the surgeon or of the mechanic,

induce me to make some observations on the increase of empiricism in this profession.*

One of the greatest mischiefs inflicted by quacks is the odium and distrust their mal-practices bring upon the profession which they invade. Scarcely a week passes in which I am not consulted by some person who has been entrapped, by the specious appearance of a book or some such artifice, into the hands of an empiric, and made to pay for receiving an injury : and as the fear of exposure on the part of the sufferer precludes all application for redress, the impostor continues his career in security.

Empiricism seems to be the same in all ages, for like their prototypes, modern quacks affect great style and pomposity, publish books, &c. (embellished with their own advertisements as critical notices,) in which they are liberal in conferring *degrees* on themselves, but either omit the name of their college, or place it in a foreign country. They also circulate prospectuses of real or imaginary books, sometimes purporting to be written by other persons ; and in these publications the impostors snugly praise themselves.

These puffs, (containing the usual quantum of fictitious cases,) although things of rote, and abundantly vague, and occasionally absurd, are nevertheless very mischievous, in misleading the portion of the public unable to discriminate on such subjects without the help of medical advisers.

That certain persons are born with particular propensities is forcibly illustrated in the manifestations of uncontrolled presumption displayed by some individuals,

* The London Directory contains the names of upwards of one hundred and twenty individuals (nearly one hundred of whom are said to be Jews) calling themselves Surgeon-Dentists, while the List of the Members of the Royal College of Surgeons, published in August, 1836, reduces the number to seven. This list which is generally in the hands of every surgeon, may be consulted for the purpose of ascertaining what Dentists are really Surgeons.

even in the lowest grade of society, who are destitute of all claim to superiority over their fellows ; but who, having accomplished the easy task of deceiving themselves, pass the rest of their lives in conflicting efforts to enforce this belief and acknowledgment of their self-importance. This is the state of mind, of all others, in which empiricism takes deep and permanent root. It is the temperament that produces the peculiar and obtrusive enthusiasm which distinguishes the genuine empiric, and is the cause of his morbid activity of mind and body ; for a quack has to sustain far more mental exertion than a legitimate practitioner ; and, although cunning and cupidity are always component parts of his constitution, still it is the irritable enthusiasm that forms the chief feature by which he is characterised.

To such persons the task of *creating themselves* surgeon-dentists, with the inspired power of writing on the subject, is very easy ; for their contempt of the public understanding and the profession they usurp being grounded on the ignorant conceit of self-sufficiency, the inaptness of their previous habits and occupations for such a line of practice never disturbs their thoughts.

It has been often observed that the lovers of the marvellous will always patronise quackery, and many say, "If people will be deceived, let them be deceived." The same may be said of *fortune-telling*, the most palpable of all self-delusions, yet experience has shown the propriety of protecting the weak and the credulous against the snares of the cruel impostor, who is made amenable to the laws, and punished as a criminal.

To the medical profession collectively is entrusted the care of the general health, which must include the detection and exposure of empiricism, for the purpose of re-

moving its baneful influence on the public, whose only sure guide is the direction of medical advisers, both with regard to what ought to be done, and who should do it; and it cannot be a matter of indifference to a truly learned and scientific body, to see even the most remote ramifications of the profession usurped and degraded.

In the last century, when a person lost a tooth even in the front of the mouth, the art of repairing such a deficiency being then scarcely known, or even thought of, the space remained vacant; and although the adjoining teeth were weakened by the want of lateral support, yet most persons retained through life a good and useful portion. When such an accident now occurs, and the person seeking a remedy for his deficiency has the misfortune to fall into the hands of one of the unprincipled quacks with which the metropolis abounds, he is supplied with a tooth (most likely of miraculous composition) which the empiric fastens to the adjoining teeth, perfectly aware that such fastening will destroy them. When this is accomplished, the patient is next supplied with a piece of three teeth, which is soon followed by the like result; and if the sufferer has patience to go on, he is supplied with pieces more extensive in proportion to the havoc made in his teeth by the fastenings of those which are artificial.

As there unfortunately exists so strong a repugnance in most persons either to ask or to give advice on the (supposed delicate) subject of artificial teeth, it becomes the imperative duty of the regular medical practitioner to interpose with his advice and counsel to save his patient from falling into the destructive hands of empirics.

It is an unfortunate circumstance for the public, that the subject of artificial teeth is considered by most persons of *so delicate a nature*, as to require concealment. When a

person finds it requisite to have his loss of teeth supplied, it is then that he feels the difficulty of selecting an artist capable of accomplishing his wishes, and the fear of exposing his loss prevents him from asking (what perhaps the *self-same fear* prevents his friend from giving) the important information ; and so, unadvised, and with the chances so much against him, it is no wonder if he ultimately become a prey to the pretenders who (calling themselves surgeon-dentists) have lately usurped the profession, for the practice of which their previous habits and occupations had not in the least qualified them.

When a person has suffered imposition and disappointment in the first instance, he is apt too hastily to conclude that there is nothing better to be obtained, and is deprived of the very comfort which perhaps his intimate friend enjoys in secret. This serious grievance can only be remedied by those who have had their losses supplied to their satisfaction. Could *they* prevail upon themselves, in justice and humanity to their suffering friends, to make known the source from which they derived *their* comfort, ignorant and pompous quacks would soon cease to exist. There are, happily, a few generous exceptions to this restraint of secrecy in persons, who setting selfishness aside, consider it a duty which they owe to their friends, and the artist who has laboured successfully for them, to lose no opportunity of making known the person from whom they have derived their benefit.

FIRST DENTITION.

The treatment of children during the process of teething belongs exclusively to the medical practitioner. It re-

quires long experience and consummate skill to employ those prompt, yet cautious measures, which are called for by the alarming symptoms occasionally arising in children of irritable and inflammatory habits. These measures being quite out of the sphere of a dentist's practice, I shall omit, leaving their consideration in the hands of those to whom the treatment of infantile diseases legitimately belongs, merely observing, that the neglect of appropriate and efficacious remedies, local and general, is often followed by fatal consequences.

SECOND DENTITION.

The first, or milk-teeth, should never be extracted, unless an absolute and evident necessity exists for making room for the coming teeth. Nature's intention seems to be that the second teeth should not be put forth until they are sufficiently formed and hardened in the jaws, so that when they come through the gum about the eighth year, they may have acquired that durable solidity intended to last for life.

When the first teeth are removed, either by accident or design, their successors soon protrude, after the loss of that natural barrier to their premature appearance; for we may sometimes observe children of the age of five or six years, with their second front teeth (of the lower jaw particularly) through the gum, in consequence of having prematurely lost their predecessors. These teeth, sent forth before their time, I have generally remarked to be of delicate, and often defective texture; and from the *shortness of their fangs*, extremely liable to be lost by the *slightest accident*. When we are content to follow

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indications of nature, and assist her operations, we are generally successful; but when we would be wiser, by anticipating or thwarting her designs, the result is always calamitous. It has been the fashion to take children to persons who have assumed, at their own will, the character of surgeon-dentists, and who either through ignorance, or something worse, extract the milk-teeth by wholesale, and thus the permanent teeth are let through the gum before nature has been able to complete her work. May not this be one of the long sought for causes of caries of the teeth? This shows how circumspect parents ought to be. Why should they submit their children in cases purely surgical to persons who are not surgeons? Surely in such cases the practitioner requires a more substantial recommendation than that of being a fashionable dentist. Many of the keepers of boarding-schools contract as regularly for the services of what they call a surgeon-dentist as for those of the dancing and music-master; and thus children often have their teeth ruined before parents have any knowledge of the circumstance, their first information on the subject being derived from the item in the bill of school charges.

No legitimate practitioner would condescend to assist in such interested views. Children ought never to be interfered with, in cases not immediately urgent, without the express authority and direction of their parents. In the course of my experience, I have had too much occasion to remark the bad effects of ignorant and interested persons being thus let loose upon children.

Parents ought to lay strict and peremptory injunctions *on those who have the care of their children, not to interfere in the least with their teeth; but to leave that matter to themselves or their authorised medical adviser.*

The children of poor people generally extract their milk-teeth themselves, as nature intended; for when she works kindly, and it is but seldom she does otherwise when not disturbed by an injudicious interference with her operations, the fang of the old tooth is so completely absorbed, that the child picks it off from the top of the new one, frequently reduced to a mere shell. However, when nature seems to flag or deviate from her usual regularity, much may be done by the skilful surgeon in assisting her efforts and promoting her intentions. We do good when we follow and watch to assist, but harm when we presume to precede and anticipate her operations. The best proof of this is the comparatively sound state of the teeth in humble society, which are happily exempt from the tender cares of empirical dentists.

THE DEFECTIVE TEETH of the present Day, when compared with those of the last Century, are owing to EMPIRICISM.

In the higher ranks of society it is scarcely possible to find a person of the age of twenty-four who has not lost some teeth, and so many of the remainder are carious and stopped with gold, that their mouths have some resemblance to the window of a jeweller's shop. I am often waited on by elderly ladies with their daughters; the mother has often excellent teeth, but the daughter is as often half toothless. The mother eagerly inquires the cause of the teeth being so generally defective now-a-days, when compared with what they were forty or fifty years ago, when the care of them was little thought of, and dentists hardly known, except a few ex

tracting barbers, and observes, that it seems a hard case that teeth should suffer in proportion to the care bestowed on them.

I can only answer to this, that within the same period the improvements in medical and surgical science have been so great that many diseases, always dangerous and often fatal, are now regarded with comparative indifference. But in these cases the enlightened portion of the public has appreciated the labours of its benefactors, and cheered them onwards with its countenance and support, and wealth and honours have in many instances been the justly merited rewards of their philanthropic toils.

But while the upper ranks have taken a lively interest in the discoveries and improvements in medical and surgical science, they seem to have altogether overlooked the dental department, or treated it as a profession too trifling to require serious consideration, and consequently have got into the habit of submitting their teeth to the operations of persons whose ignorance and incapacity to perform what they undertake must be apparent on the slightest attention. So far from comprehending what ought to be the qualifications of a surgeon-dentist, the public seems never to have given the matter a serious thought, as if it were a profession which any person might assume at pleasure, which indeed has been very customary of late ; and provided that he be a person who is supposed fashionable, his fitness for his profession is never questioned.

So long, therefore, as people will place themselves in the hands of empirical dentists, it must be expected that the teeth will prove much more defective than they were *before* the introduction of this custom.

REGULATION OF THE TEETH.

A most reprehensible custom has prevailed of extracting the first or second grinders of young people, on the ignorant or interested pretence of making room for the other teeth, and preventing lateral pressure; and as people of rank are very properly solicitous about their children's teeth, so they have been the greater sufferers from this pernicious practice, as may be seen by the teeth of their rising generation being mostly separated and apart, as if too small for the jaw, and consequently deprived of that mutual lateral support of each other so essential to their beauty, strength, and durability. Now a little reflection would show the absurdity of this barbarous practice.

Between the seventh and fourteenth years, the second or permanent teeth present themselves, and their disproportionate magnitude to the young face and jaws is then remarkable, for *they come through the gum at their full size*, and never afterwards increase; but it is otherwise with the jaws, which continually increase in size until the age of twenty-one to twenty-five, when the dimensions are so enlarged, that room is made for the wisdom-teeth. The others are by this time generally accommodated and arranged as nature designs.

When an instance does occur of nature producing teeth actually too large for the jaw, recourse may be had to extraction with the same success as at an earlier period, for we may remark, that when a person loses a tooth at any age, the others always incline towards the opening thus made.

There is one circumstance of the utmost importance, to which parents should attend when the second teeth appear, namely, to be certain that the six upper fro

teeth shut *outside* of the corresponding lower ones, and nature will generally do all the rest. But if the front teeth do not all close properly, no time should be lost in procuring professional aid, or the upper and lower teeth will soon destroy each other.

Persons requiring the assistance which science alone can render will do well, as I have already observed, to consult not the Court Guide, but the *College List of Surgeons* (generally in the possession of every surgeon) where they will discover what dentists are really surgeons.

MANAGEMENT OF THE TEETH.

Use a soft brush, and when necessary, thin the middle of it with scissors. Brush the teeth gently, first over their grinding surface, then across, and lastly from the gums towards the points, particularly the inside of the lower front teeth, to clear the interstices. Should the gums bleed by moderate brushing, the operation is salutary; and in most cases where they have receded, it will cause them to grow up again and adhere to the teeth, if they are free from tartar. The judicious use of the brush is the best means of preserving the teeth and gums in a healthy and firm state. They should never be rubbed with a cloth or the finger in preference to the brush.

Those who possess good teeth should be careful to preserve them. When they are in good order, and free from tartar, the use of a soft brush once a day with a little simple dentifrice* occasionally, will be quite sufficient to

* As many persons have an aversion to the use of dentifrice, particularly where the gums are soft and unhealthy, by the advice, and with the assistance of some eminent medical friends, I have prepared a compound tincture of myrrh, to answer either as a substitute for, or auxiliary to the dentifrice.

keep them so, and with this the owner should rest satisfied. Many individuals with fine teeth, destitute of the sense to let well alone, are so often in the hands of the dentist, that the very means by which they seek to gratify their vanity become the sources of its mortification.

All acids and high-seasoned foods should be avoided, both being equally detrimental to the stomach, and injurious to the teeth.

They who value their teeth should avoid quacking themselves with mercurial preparations, which have been, and are still too much in use, under the sanction of the late Mr. Abernethy's Book. On his authority, many persons are accustomed to administer blue pill and rhubarb for themselves and their families as familiarly as they would bread and cheese. The rhubarb alone should satisfy them, except when prescribed by a medical practitioner, and they would thus escape the absorption of the alveolar processes, and consequent loosening of the teeth, always attendant on reiterated doses of blue pill. As mercury in every form produces invariably these disastrous and permanent effects on the vessels and sockets of the teeth, it should never be had recourse to except under the direct prescription and superintendence of a regular medical practitioner.

FILING THE TEETH.

An ignorant and barbarous practice has for some time prevailed of working a file up between the teeth of young persons, under the senseless pretence of freeing them from lateral pressure; but as it is to this pressure that the teeth owe their mutual support, so their strength and durability depend upon it. A large proportion of the

to whom I have supplied artificial teeth attribute the decay and loss of their own teeth to this injurious practice. The main point in such cases seems to have been entirely lost sight of, namely, the age of the patient. The teeth of old people are often in a state of insensibility, but the case is very different with those of young persons; if the enamel of *their* teeth be once broken by the file or by accident, pain, caries, and the loss of such teeth often follow in rapid succession.

When the teeth are separated, their interstices become clogged up every time the owner eats, and cannot be cleaned by the tongue as when the teeth remain in contact: and when the separation is produced by filing, their morbid sensibility allows no rest till the person thus mutilated has had recourse to the tooth-pick after every meal. No person who uses the tooth-pick will retain his teeth to old age. Those whose teeth are close together, as nature generally places them, seldom have occasion for this instrument; and the humane Dr. Buchan always recommended the substitution of the tooth-brush for the tooth-pick,—a benevolent and judicious advice.

When the teeth of young persons are thus rendered painfully sensitive, they may almost be said to have lost the use of them, and they generally prefer swallowing their food without mastication, to avoid the uneasiness produced by the process. When reduced to this miserable condition, they must expect to be in the hands of the dentist the remainder of their lives.

The absurd and mischievous theory that teeth may be filed and cut away with impunity, if the central cavity be *not penetrated*, must have been invented to reconcile persons to the double action of galvanism and friction, caused by the employment of metallic plates in the cheap and

worst construction of artificial teeth. Persons advanced in life complain of the pain and loss of teeth they suffered by the metallic plates wearing away the substances, and ultimately drawing out the teeth to which they were attached.

The only case that justifies the employment of the file is where *caries* has commenced on the side of a tooth next to a sound one. The carious portion may be filed away to prevent the lodgment of extraneous substances in the decayed part, and to remove the contact of the adjoining tooth; or where two adjoining teeth are carious, the same practice may be pursued. The wanton barbarity of filing between the sound teeth of young persons on the absurd pretence of freeing them from lateral pressure, and making room for the tooth-pick, is so monstrous, that nothing but the knowledge of the fact that it is of daily occurrence could render it credible.

Caries never takes place on the cutting edges of the front teeth, nor do I think that it ever begins on the points in lateral contact; for it is but a very small portion of the front teeth, near their cutting edges, that are in actual lateral contact with each other. The caries uniformly commences about the middle, and more frequently nearer the necks than the points of these teeth; and although the disease may *extend* to the points in lateral contact; yet unless we can trace the original seat of the malady to these minute points, we must look for some other cause than the empirical suggestion of *lateral pressure*.

Any person may convince himself of the absurdity of lateral pressure being prejudicial to the teeth, by examining the mouth of an aged person, whose remaining teeth will be found to be the front teeth of the lower jaw. If only one tooth remain, it is almost certain to be one of these, and most likely an eye-tooth. Now th

front teeth of the lower jaw (the smallest and weakest in the mouth) are the only teeth subject to lateral pressure, particularly when the loss of the side teeth allows the upper front ones to close with all the force of the jaw on the outside of the circle formed by the lower front teeth, by which they are pressed compactly together, and form an union of strength, like the members of any other arch, by lateral pressure, or lateral support, (for the terms in this instance are synonymous,) sufficient to enable them to dig into the substance of the upper teeth, to push them forwards, and ultimately to expel them from their sockets, and remain triumphantly the last teeth in the mouth; and all this they are enabled to accomplish by the benefit of lateral pressure.

When the teeth have not been subject to external violence, or the baneful effects of certain medicines, the empirical attempts to restore their loss by means of metallic plates, and such methods as require support from the natural teeth, (which always augment the original deficiencies,) the progress of their decay and loss generally commences with the grinders; and when so many of these are lost as allow the *front teeth* to meet in mastication, the upper ones are soon destroyed by their opponents in the lower jaw as before described. Nineteen persons out of every twenty who have lost most of their teeth by what is called the decay of nature will confirm this account of the manner in which they lost them.

TOOTH-ACHE.

This malady (by no means a trifling one) I consider to be entirely a physician's case. It is scarcely equalled in intense

pain, or rather agony, by any other to which the human body is liable. It is often the mere symptom of serious affections of the head and stomach, or of the nerves themselves, as in neuralgia or tic-doloureux, requiring considerable attention to discover and remove the exciting cause. Happily, in a great majority of cases, the malady is local, being caused by exposure of the nerves in decayed teeth and stumps, and admits of remedy by topical applications to the parts affected. Its violence renders the patient eager to try any remedy which may be proffered for its alleviation; hence many young persons (for it is the young that are chiefly affected with tooth-ache) have their sound teeth ruined by their endeavours to alleviate the pain of a diseased one, and the same remedy which would be harmless, if not efficacious, in the hands of a skilful medical practitioner, when employed injudiciously by the patient himself, or by an empiric, may not only prove ineffectual, but occasion the most pernicious consequences. This is the chief misfortune to which the teeth of persons resident in the country are liable. I am frequently consulted by persons whose teeth have once been beautiful, but which have in this manner been entirely ruined, all the front teeth (usually the most durable) exhibiting black spots of decay, and on inquiring the cause of this melancholy sight, have invariably found that it has arisen from the use of stimulants to cure the tooth-ache, particularly oil of thyme, oil of cloves, &c., which are generally recommended as specifics. A knowledge of the mischief done by these nostrums, has induced me to point them out, in order that persons residing at a distance from medical advice may avoid them, and avail themselves of the following simple and efficacious remedies.

In slight cases the best topical application is a little lint

or cotton soaked in laudanum (tincture of opium) or paregoric (tincture of opium and camphor) repeatedly applied to the tooth or stump.* The general treatment is the same as in cases of cold, viz. low diet, vegetable laxatives, bathing the feet in warm water, and using means to promote perspiration.†

In severe and protracted cases, hold the mouth over hot water. Cloths wrung out of it, with a handful of camomile flowers wrapped in them, may be applied to the cheek. Should the pain be accompanied with throbbing, it indicates that the inflammation is about to terminate in suppuration, which will be greatly promoted by warm fomentations. On suppuration taking place, the patient is generally relieved, and the matter escapes either by the socket of the tooth, or through the medium of a gum-boil.

In cases where the malady is caused by a decayed tooth or stump, which is *useless in mastication*, the sooner it is extracted the better, for besides the continual liability to pain, it is apt to affect the sound teeth, as well as to injure the breath and stomach.

In chronic and rheumatic cases, in addition to the above-mentioned remedies, a piece of ginger or pellitory of Spain may be kept in the mouth, or a hot wire may be introduced into the hollow of the tooth to deaden the nerve. When the pain subsides, stop the tooth with bees' wax, or (for

* I have for many years prepared an odontalgic remedy from anodyne medicines, that is generally successful in removing tooth-ache, and which I find particularly serviceable in allaying the pain in hollow teeth and stumps, preparatory to their being properly stopped. Many apothecaries keep a tincture for tooth-ache.

† The most recent remedy is CREOSOTE, a fluid possessing considerable antiseptic properties. It was first employed on the continent as a sedative and anodyne. When received into the stomach in improper quantity, it is capable of producing deleterious effects, and is therefore little adapted for popular use: it should only be had recourse to under medical superintendence.

more *permanence*) with gum-mastic, softened in the mouth or in warm water, which by shielding the nerve from the external air, will prevent irritation : all corrosive acids, as vitriol, aquafortis, spirit of salt, &c. are improper applications, their destructive qualities endangering the other teeth ; so, for the same reason, are all essential oils, as oil of thyme, oil of rosemary, &c.

The only principle on which cure or alleviation can be effected is to produce, by means of *hot aromatics*, a flow of saliva from the mouth, or deadening the sensibility of the nerve by the application of the opiates or the hot wire, as already noticed.

The preventive treatment consists in keeping the hollow teeth well stopped, avoiding the use of acids and pepper, particularly cayenne ; guarding against cold, sleeping (occasionally) with flannel round the jaws and ears, and keeping the feet at all times particularly warm, with due attention to the state of the bowels. When the pain has ceased, and inflammation subsided, and where the aid of a professional man can be obtained, the hollow tooth should be properly stopped.

With regard to the tooth-ache, so common in the early stages of pregnancy, my experience leads me to infer that sound teeth are seldom, if ever, affected by this cause ; the general stimulus only discovering a diseased tooth or stump, which perhaps had not been before observed. Pregnancy can never occasion caries, and to attribute the loss of sound teeth to the fulfilment of a function highly favourable to health, would be to place nature in contradiction to herself.

EXTRACTION OF TEETH.

This operation can only be well and safely performed by a regularly educated surgeon, possessing a knowledge of the structure and anatomy of the teeth, and their insertion into the alveolar processes; and it is much to be regretted that a large majority of the profession have studiously avoided it with an aversion so strong, as to induce them to hazard the safety of their friends and patients in the hands of the most ignorant and reckless quacks, who are more bold and less scrupulous than the tutored surgeon, because ignorant and unaware of consequences. The extraction of teeth is unfortunately an operation, to the performance of which no length of time nor extent of practice seems ever to reconcile the surgeon;* and to many practitioners it is nearly as disagreeable as to the patient. Surgeons who would not hesitate to perform a serious and extensive operation on soft parts, shrink from extracting teeth, which is in fact the dislocation of the most firmly united bones from each other. However, like all other operations to which the frailty of our nature subjects us, it must be performed by some one, and it is desirable, for the sake of humanity, that surgeons, by undertaking the operation themselves, should acquire that confidence and dexterity which practice alone can give, and thus rescue suffering humanity from the dangerous hands of self-constituted surgeon-dentists. There are circum-

* In the Gazette, a Guernsey newspaper, of July 18, 1836, are published the "Rules and Regulations of the Lynn Self-Supporting Institution for the Sick and Hurt." Vaccination and surgery (*except tooth-drawing*) are included in this plan. The names of one physician and six surgeons are appended, and it is curious to remark their anxiety to avoid the operation of "tooth-drawing." If surgeons *will persist* in allowing their repugnance to this operation to get the better of their humanity and prudence, the public must still continue to suffer from the *realness and ignorance of non-surgical operators.*

stances continually occurring which render it not only improper, but sometimes highly dangerous to attempt the extraction of a tooth;* and the operation itself, although so common, is by no means a trifling one, whether we consider the suffering it is intended to relieve, the nature of the operation, or its occasional lamentable consequences in the hands of non-surgical practitioners, who view the operation in no other light than as one requiring physical strength.

This class of operators, by way of showing superiority, think it beneath them to be at the trouble of using the lancet to separate the gum from the tooth to be extracted, and from this ignorant and unfeeling practice their unfortunate patients often have their gums torn and lacerated, occasioning sore mouths and stiff jaws for weeks after the operation. In cases where dead teeth and stumps are in the course of being expelled from the jaw by the natural process of absorption, there is seldom much attachment to the surrounding gum, if any; but it is quite otherwise in cases where no absorption has taken place.

I have had cases where disease, having been neglected, and allowed to proceed for years, the gum had become indurated and cartilaginous to a considerable extent round the teeth, (to which it was strongly attached): the attempt at extraction in such cases would have been highly dangerous, and therefore I have been obliged to adopt the tedious process of literally dissecting the tooth out of its bed of disease.

I have had cases brought to me where the gum had been in the state just described, and which having been disre-

* It is not an unfrequent occurrence for a patient to mistake a constitutional for a local case, and to apply to the dentist instead of the physician, which a dental-surgeon will immediately discover, and direct the patient accordingly.

garded by the operator, was torn away to a great extent with the tooth, occasioning a dangerous hemorrhage, from the vessels having become greatly enlarged by long disease, and leaving nearly the surface of an inch of the alveolar process of the jaw-bone completely bare and exposed, which led to a long and disagreeable exfoliation in the mouth before the parts could be brought to the condition of being covered by the gum.

NEW EXTRACTING INSTRUMENTS.

These instruments are with the greatest deference submitted to the medical profession generally, and should they be found to possess any merit, or be the means of suggesting improvement in the operation of extraction, I am perfectly aware that the medical world will fully appreciate the slightest advance, nor consider the smallest improvement as trifling or insignificant when the object aimed at is the abatement of human suffering.

Upwards of twenty years ago, feeling the want of certain instruments, I was occasionally in the habit of making them for myself; and the circumstance of never having employed an instrument-maker has probably been the unintentional cause of these instruments remaining so long unknown to the public, and confined to my own practice. I now publish them to the medical profession generally, and hope they will prove as useful to others as they have been to myself.*

** I shall be happy at all times to show these instruments, and explain their construction to any mechanic who may be desirous of making them.*

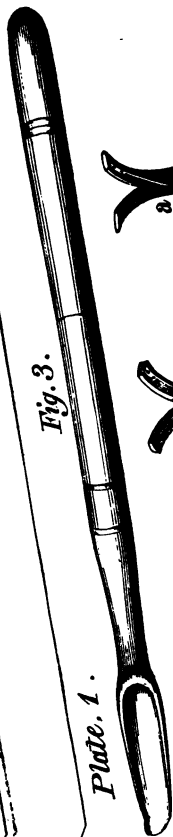
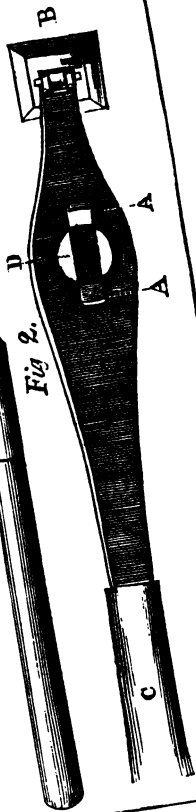
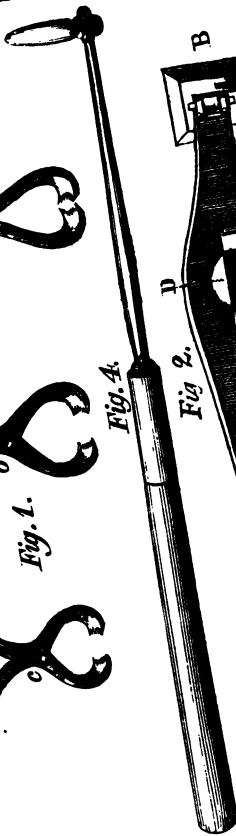


Plate. 1.



DESCRIPTION OF THE PLATES.

 PLATE I.

The fundamental improvement in these instruments consists in double claws made of steel and tempered, the nature and action of which is similar to that of the shears in the pile-driving machine. These double claws are of different lengths, the distance being three, four, and five-eighths of an inch respectively from the joint to their points. (Plate I. fig. 1. *c. b. a.*) A small spring, made of a piece of clock-spring, is fastened by two rivets to the upper side of one of the claw shanks; the round taper body of the spring acts through a hole in a small stud, screwed into the other limb of the claws immediately below the joint-hole. A small spring of the shape of a V may be attached to the claws by two screws perforating the extremities of the spring, and screwed into the inner ends of the claw shanks. (Plate IV. Fig. 4.) The action of the spring is to close the claws. Spring-claws, by their collapsing power, retain their hold of the tooth, or stump, when once applied, and afford facility in adjusting the fulcrum preparatory to extraction; they also supersede the use of the forceps for removing the tooth or stump after it has been raised from its socket, for the double claws themselves act as forceps. The claws are opened by pressing the point of the finger between the shanks. Plate I. Fig 2, is a lever made of steel with an ivory handle. The lever is pierced with a round hole, and is attached by a joint at the end to

a rest or fulcrum. The shanks, or tails of the claws, are confined and pressed together by the round hole in the lever through which they pass. When the points of the claws are placed in contact with a tooth or stump, and the fulcrum or rest adjusted, the upward movement of the handle, by compressing the shanks of the claws, causes their points to grasp and hold the tooth with a tenacity that increases in proportion to the force applied, and the tooth or stump is thus raised perpendicularly from its socket. The fulcrum or rest is made of ivory, and the side of it, opposite to the joint, is hollowed for the purpose of tying on a piece of leather, cork, India-rubber, or wood, as the case may require, for resting on the gum or top of a tooth.

Figs. 3 and 4, Plate I. are modifications of gum-lancets hereafter described.

PLATE II.

Figures 1 and 2 represent a modification of the elevator. The essential difference consists in the fulcrum B being placed between the handle C and the claws, instead of being placed beyond them as in Plate I. In figure 2 is shown a slit or groove pierced with different joint pin-holes for the convenience of moving the fulcrum B, so as to obtain a proper fulcriment.

Plate 2.

Fig 1.

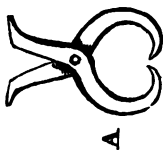
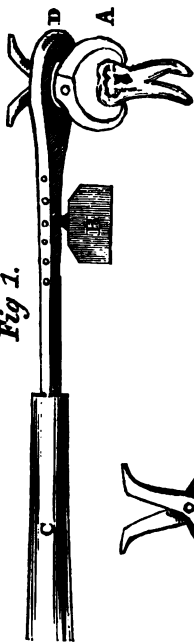
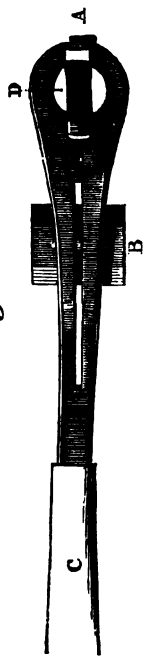


Fig. 2.



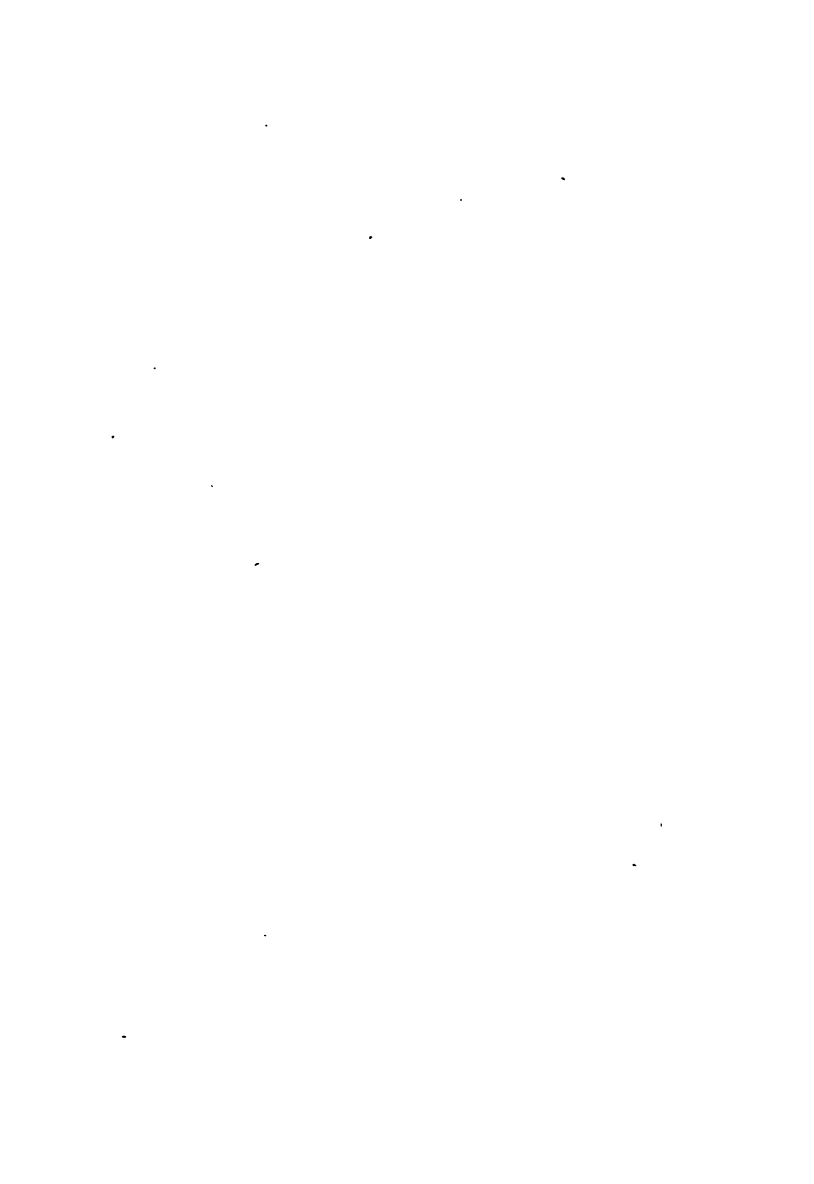


Plate.3.

Fig.1.



Fig.2.

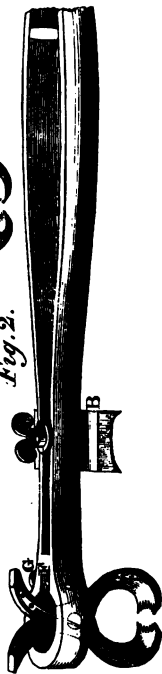


Fig.3.



PLATE III.

This is a double elevator, being a modification of the two preceding instruments, uniting the essential properties of both in one, with the convenience of the operator being able to apply or remove the fulcrum and claws from either end while using the other. The extreme length is eight inches,—width at the centre, and where the round holes are pierced, nine-sixteenths of an inch,—thickness three-sixteenths of an inch. The distance between the centres of the round holes is six inches and a half; the weight is one and three-eighths of an ounce. The small end projects an inch and a quarter beyond the centre of the next round hole; the smallest diameter of the round holes is five-sixteenths of an inch. These holes are bevelled, or rather rounded off on both sides, presenting the internal appearance of a smooth ring made of round wire, which allows the shanks of the claws to act freely and readily. The parts of the round holes are cut away at F, Figs. 1 and 2, to give facility in changing the claws to suit the particular case; the pin G being inserted fills up the breach F in the round hole, and thus secures the claws in their place. The fulcrum is readily applied or disengaged from either end of the instrument, and moving in a groove is easily adjusted to the case.

Fig. 1 and 2 represents the two halves of the instrument complete, of the full size.

Fig. 3 shows the instrument complete on a reduced scale.

I have a double elevator similar to the one just described, but a little shorter and lighter. The distance between the centres of the round holes is six inches, and it weighs only an ounce. Smallness, lightness, and neatness, are great desiderata in these instruments, which are not intended for the extraction of teeth that require *much force* for their removal. In cases requiring more force, recourse may be had to the key-instrument; and where *the greatest power* is requisite, perhaps the old key with *the single claw* will be found necessary.

PLATE IV.

Shows the application of the double claws to the common key-instrument. This simple apparatus may be added to any key-instrument now in use.

The suspending arm, Fig 2, is in halves, held together by a screw. A piece of steel swings in the halves of the suspending arm by two pivots.

The swing piece has an oblong hole pierced in its centre, which receives and compresses the shanks of the claws, in the same manner that the round holes do in the elevator. The claws always hang perpendicularly in the piece as it swings on pivots. The angular parts at each side of the joint-hole rest on the fulcrum of the key, and the attached apparatus may be swung to either side of the key, so as to act either right or left handed, as seen in Fig. 1.

Fig. 3 is a section of the apparatus, and in Fig. 2 the halves of the suspending arms are joined, and the swing-piece, from which depend the claws, is seen in its place.

Fig. 4 are spring claws for the key-instrument.

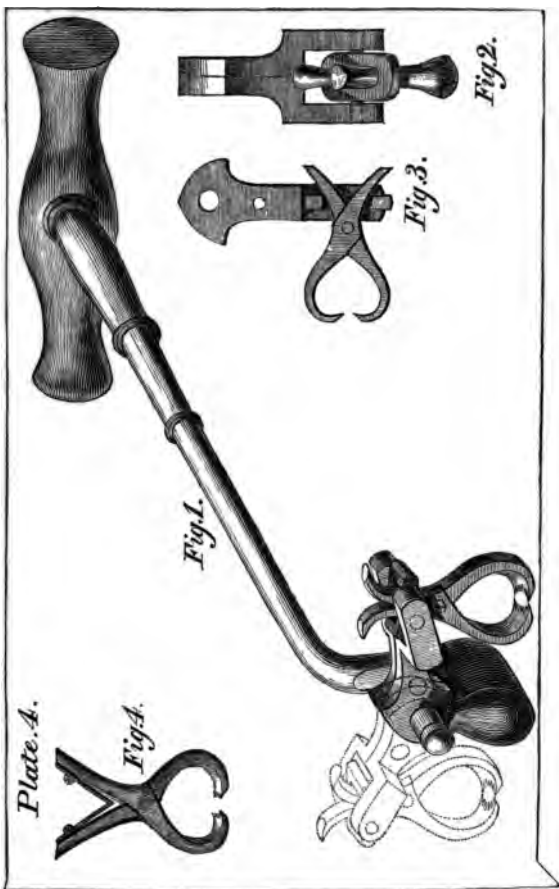


Plate. A.



Fig. 4.

Fig. 1.



Fig. 3.



Fig. 2.

Plate 5.

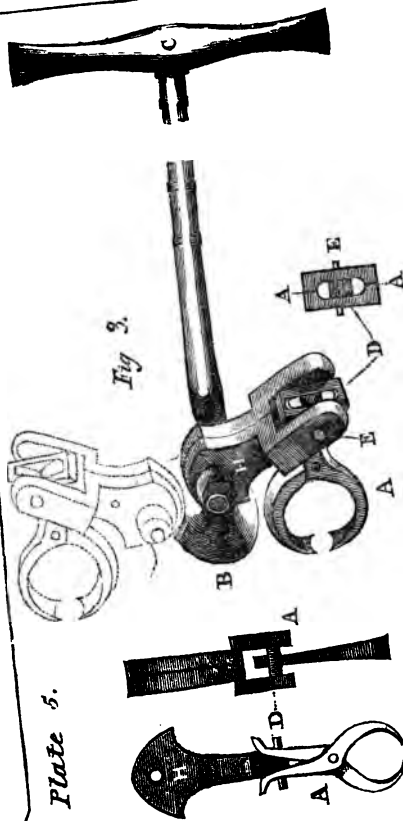


Fig. 3.

Section of Fig. 3.

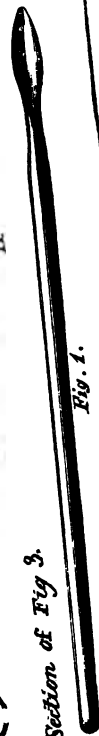


Fig. 1.

PLATE V.

Fig. 3 is another view of the application of the double claws to the key-instrument, with sections similar to Plate IV., and the swing-piece D is shown by itself.

A A the two white semi-circles, denote the extremities of the claw-shanks, and E the pivots on which the swing-piece revolves.

Fig. 1. is a gum-lancet similar to Fig. 3, Plate I., but smaller.

One of the most useful lancets I have made is concave internally, and convex externally, like a cheese-taster. (Plate I. Fig. 3, and Plate V. Fig. 1.) It is about the diameter of a goose-quill, and one-third of its circumference.

The concave side admits the convexity of the tooth, so that the action of the cutting edge is close to the fang, and between it and the socket, without injuring the gum. Many painful teeth and stumps require no other instrument than this for their removal.

I have also been in the habit of using an angular lancet, narrow and spear-pointed, about half an inch long, fixed at right angles in a steel holder, in which it revolves, so as to be used at any angle. Plate I. Fig. 4.

These instruments, with a scythe-shaped lancet or sharp-pointed bistoury, and a curved needle-pointed tenaculum, will meet every possible case in dental surgery.

It is not assumed for a moment that these instruments will supersede any now in use. They are meant merely to serve as auxiliaries in those cases where their employment may be manifestly advantageous. Cases are continually occurring where a particular instrument is, and ought to be preferred, without regard to its ancient or modern construction, provided it be best adapted to our purpose.

Much severe suffering is often occasioned at intervals for years by decayed stumps, supposed (at least by the patient) to be incapable of extraction, although palpably loose in their sockets. These tender stumps are apt to break and crumble in the forceps; and when the key instrument is applied, they yield on one side to the pressure of the claw, which consequently slips off, and baffles the operator.

In such cases the double claws will be successful, with

great ease both to the patient and surgeon, for they grasp the stump with a keenness and lightness of which the forceps is incapable ; and as their construction prevents their pressure from ever exceeding that which is just necessary for extraction, so there is no risk of breaking the stump, which being grasped on both sides, cannot slip out of the claws, while the force employed in the operation is rendered comparatively trifling by the instrument acting perpendicularly.

In many cases of tender stumps, the finger or the cedar-wood pencil, rested on the top of the teeth, will be found the most convenient fulcrum when using the elevator, or a piece of leather may be wrapped round the instrument, to rest on a tooth. The support of the finger, or a pencil applied under the shank of the key-instrument, will often be found serviceable.

The double claws, whether in the elevator or attached to the key, will be found greatly superior to any other instrument in the extraction of those teeth for which the forceps is usually employed, and especially for the removal of tender stumps. Where the common key-instrument is inapplicable from absorption of the alveolar process, or from its being in a state of inflammation, not admitting the opposite pressure of the fulcrum in its usual situation, the elevator may be advantageously substituted for it. Hollow teeth, extremely liable to break by the common key-instrument from the oblique pressure of the claw, being applied only on one side, are not exposed to the same accident in the double claws, where the pressure is equally divided on both sides of the tooth, and the action perpendicular.

THIRD DENTITION.

The dentes sapientiæ, or wisdom-teeth, are said to be "the last to come and the first to go," and there is unfortunately too much truth in the adage. I think the chief cause of this is the slow manner in which these teeth come through the gum, which not being absorbed by the pressure of the teeth, a small aperture only is made in it, which may continue without much enlargement for months, and even in some cases for years; and thus a sac is formed over the head of the tooth, receiving particles of food &c. through the small opening, and these contents of the sac undergoing chemical decomposition, the tooth is in consequence frequently corroded and destroyed before it can emancipate itself. Between the ages of twenty and twenty-four, I suffered in my own person much pain and inflammation from these teeth on the right side, which recurred at intervals for about fifteen years, (the period of their slow growth,) and perceiving that the lower tooth rose so slowly, and that the natural opening in the gum was small, I was in the habit of getting a friend cut away as much of the gum as possible (which was thick and hard) over the top of the tooth; yet notwithstanding all my care and attention, I found that when the tooth grew up it was dark and discoloured. The inflammation, however, soon disappeared, and this tooth, its opponent in the upper jaw is now perfectly sound and white. The gum over the tooth of the upper jaw requires no attention, as the natural opening was soon as large as the top of the tooth. My wisdom-tooth of the lower jaw on the left side is now coming up, and although it is high as the gum, which seems thick and hard

former instance, yet as the natural opening seems large enough, I have not had occasion to use the lancet. With regard to my fourth wisdom-tooth, the space for which is still vacant on the left side of the upper jaw, there is yet, at the age of forty-five years, no appearance of it. My teeth have always been perfectly sound. As this case elucidates several peculiarities of the third dentition, it will be seen that the attention of the surgeon should be directed principally to prevent the formation of a sac with an opening on the surface of the tooth, and it shows the great irregularity of the periods at which the *dentes sapientiæ* appear, even in the same individual.

A singular circumstance connected with this subject is the formation of teeth at advanced periods of life, as if nature were even then endeavouring to renew the body. This is very rare, and in the course of a long and extensive experience, I have only met with two cases. One was that of a gentleman aged nearly seventy, who had lost all his upper teeth except one molar. Some years after I had supplied him with a piece of artificial teeth, two resembling the canine protruded through the gum, near the situation previously occupied by such teeth; and notwithstanding the resistance of the artificial piece to their progress, they grew up with such force, as to imbed themselves in the artificial gum, so as to disturb the adhesion of the piece to the natural gum. The gentleman was therefore obliged to come frequently to me, in order to have the cavities of the artificial piece made deeper to admit the points of the new teeth, and thus prevent their pushing the artificial piece from the gum; and one of them grew so fast, that I was obliged to perforate the piece to let it come quite through the artificial gum. The patient considering these teeth rather as an inconvenience,

an advantage, by displacing his artificial teeth, solicited me to extract them, a measure to which I would never consent, as it would have been a most ungrateful return for an unusual exertion of nature's restoring powers in his behalf. The two teeth came through the gum sideways, with their inner surfaces facing each other. The other case was nearly similar, except that this gentleman had only one canine tooth when I saw him. Both gentlemen were quite certain of having had their second canine teeth, and of having lost them.

IMPORTANCE OF ARTIFICIAL TEETH.

Teeth are parts of great importance in the animal economy; they are necessary for the minute division and trituration of our food, and to render it fit for transmission into the stomach. During mastication saliva is secreted in an increased quantity, which mixing with the food, enables the gastric fluid to effect the process of digestion in a healthy manner. When this is imperfectly performed in consequence of the loss of teeth, indigestion, and a variety of diseases are the consequence; and it is not to be doubted that multitudes of both sexes are prematurely hurried out of existence, after much complicated mental and bodily suffering, originating in this cause alone. Besides this, there is usually great anxiety of mind arising from the change in personal appearance and the loss of comfortable feeling, which subjects the *unhappy sufferer* to "all the ills that flesh is heir to."

Persons differently constituted will of course suffer in different ways, and in various degrees, both in mind and

body, but all must suffer from the loss of their teeth. When food imperfectly masticated passes into the stomach, instead of the natural process of healthy digestion, it undergoes chemical decomposition, occasioning secretions inimical to health, and entailing maladies of the worst description.

The loss of teeth is not only the cause of the loss of health and of comfortable feeling, but the energy, tone, and sweetness of the voice are thus destroyed, while the change of the physiognomy is often such as to occasion the most poignant distress of mind, not only on our own account, but also for those whom we esteem. How often is a fine face changed into an object of disgust from this cause alone! Delicate minds become dejected and reserved, while others are rendered morose and misanthropic, and feeling wretched and comfortless within themselves, impart their unhappiness to all around them. In artificial teeth, *constructed on sound philosophical principles, and judiciously adapted to the peculiar circumstances of the case*, the unhappy sufferer finds so complete a remedy for all the evils attendant on his loss, that in a short time he becomes unconscious of any difference between his own and artificial teeth.*

I have been advised by my friends who have experienced the comforts of my method of supplying artificial teeth, and who are averse to expose their own cases by personal recommendations, to embrace this opportunity of making it more generally known that I continue to **SUPPLY THE**

* As some persons are under an apprehension that they must be put to great pain and inconvenience by the removal of teeth and stumps, and other painful operations, before they can be supplied with artificial teeth, I feel it incumbent on me to remove this error, so far as it relates to my system, which requires no removal of teeth or stumps, or any pain or inconvenience whatever, any more than if the article in question were an ordinary piece of dress.

LOSS OF TEETH from one to a whole set, on the peculiar and only successful system, which I discovered and adopted in 1813. These artificial teeth have been found to answer all the purposes of the original teeth in mastication, articulation, appearance, &c., and to remain perfectly secure in their places, by capillary attraction and the pressure of the atmosphere occasioning a natural adhesion to the gum only, thereby avoiding pinning to stumps, tying, twisting wires, fastening clasps or springs, or any attachment whatever to the remaining teeth, and consequently instead of injuring, afford them support, so that the wearer soon becomes unconscious that he uses artificial teeth. They may also be taken out and replaced by the wearer with the greatest facility. These improvements enable me to supply whole or half sets without the spiral springs which are usually attached to such pieces.

The mechanical friction and elastic strain on the teeth, and particularly the galvanic influence exerted on the mouth and teeth in contact with the metallic plates, producing and keeping up a morbid irritability of the mouth, tongue, and fauces, often amounting to constriction, are entirely avoided by my method, as the material which I use is the tusk of the hippopotamus, (either with or without human teeth,*) the only innocent and tasteless substance that feels comfortable and congenial to the mouth.

* The things called Mineral or 'Jews' Teeth, are plentifully manufactured of delph or china, and sold at from three to five shillings per dozen, but they always look like what they are, and can never be mistaken for teeth. One of the many objections to them is their acting as a whet-stone on any of the natural teeth they come in contact with, and quickly wearing them away.

PHILOSOPHICAL PRINCIPLES *on which* ARTIFICIAL TEETH
are formed.

To give entire ease and comfort to the wearer, the artist must be capable of carving a piece to fit the gum so perfectly *air-tight*, that it shall adhere and remain securely firm in its place for the purposes of mastication, &c., by the mere force of *capillary attraction* and the *pressure of the atmosphere*.

These principles have been frequently described, yet few people give credence to them as applied to artificial teeth, although nothing is more easy, correct, and natural. The common water-pump acts on these principles, and there are no other on which artificial teeth can be worn without soon destroying the remaining teeth.

In the introduction of any thing new as a science, there is wanting a corresponding language by which it may be expressed, in order that it may be described on paper so as to be understood by the reader. Capillary attraction and atmospheric pressure may be thus explained.

Capillary attraction is the principle by which a fluid is strongly attracted between closely fitted surfaces, and the closer the surfaces approach each other, the more strongly do they attract the fluid, which thus expels and excludes the air. It is by capillary attraction that water rises into and fills the sponge.

Atmospheric pressure, which was formerly explained by means of the axiom, that *nature abhors a vacuum*, is owing to the weight of the atmosphere, which causes it to bear on all bodies near the surface of the earth with a pressure commonly of about fourteen pounds on each square inch.

On my principle of supplying a deficiency of the teeth

the artificial piece being fitted close to the gum, the natural moisture of the mouth is affected by capillary attraction the moment the piece is introduced into its place ; and the moisture being drawn in between the piece and the gum, the air is driven out, and the air being thus excluded, the atmosphere acts with a force in proportion to the extent of the surfaces in contact, in keeping the artificial piece in its place. This force even on a small piece is considerable, and on large pieces frequently exceeds thirty pounds ; yet even in these cases the wearer feels no pressure beyond an adhesion of security. The piece itself seldom weighs above half an ounce, and is easily removed at the pleasure of the wearer, by merely raising one of its extremities with his tongue.

One of the most familiar instances of the joint effects of capillary attraction and atmospheric pressure is perhaps that exhibited by the school-boy with what is called the *sucker*. This toy consists of a string passed through the centre of a bit of thick leather soaked in water, which being pressed on a large stone, adheres to it so firmly that the stone may be lifted up by means of it, and suspended in the air.

Pieces of teeth made of the tusk of the hippopotamus feel in every way congenial to the mouth, and cannot be distinguished by the tongue from the natural gum and teeth ; and being fitted in the manner just described, adhering to the *gum only*, afford support to the remaining teeth, which are let into grooves accurately formed in the piece for their reception. The jarring of the *front teeth* on each other is obviated by the piece preventing the *mouth from shutting too close*. Mastication and articulation are restored, and the premature appearance of age and deformity completely removed. When a few weeks

have familiarised the wearer to the change, he becomes almost unconscious that he uses artificial teeth; and as cheerful spirits return with health and comfortable feeling, "happiness, the end and aim of our existence," is restored, and life prolonged and enjoyed perhaps ten or twenty years beyond the period to which it would otherwise be limited.

DUTY of SURGEONS and MECHANICAL DENTISTS to unite, each by themselves, in ASSOCIATIONS for the purpose of putting down DENTAL QUACKERY.

The time has now arrived when the interests of the public, as well as of the profession, require that the surgeon-dentists and the mechanical dentists (who are really entitled to the appellation) should each by themselves enter into an *association* as the best protection for themselves and the public, against the machinations of those unprincipled persons, who are neither medical, surgical, nor mechanical dentists, but a swarm of dishonest adventurers, who have lately appeared, not only in the metropolis, but all over the country, assuming the appellation of surgeon-dentists, under which character they daily practice the greatest cruelties and the grossest frauds, and endeavour to deceive the public by an audacious publication of books, &c., on a science of which it is impossible they can have any knowledge, and have thus quite outdone their predecessors in empirical effrontery and knavery.

Should this little tract contribute, in the smallest degree, to the lessening of human suffering, and consequent increase of general happiness, my object will be fully attained.

25, *Old Burlington Street, London.*

July, 1837.

THE END.



